



# Guided Nature Walks at il-Majjistral Nature & History Park

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Winter is the season when many of the indigenous plants of the Maltese islands come to life – patient bulbous plants flourish after the long summer drought, and life sprouts in every crack and corner of our landscape. If you would like to learn more about our flora and enjoy spectacular countryside walks, then *il-Majjistral* Nature & History Park is the perfect place to visit.

A guided nature walk is now taking place regularly at the Park on Sundays. The walk is 6 km long and takes approximately two and a half hours. Initially, this guided walk is being offered free of charge as part of the management's commitment to increasing awareness and enjoyment of our heritage, whilst also promoting some healthy exercise in the fresh air.

The north-west of Malta offers unique seascapes and landscapes, a sense of wilderness and some truly inspiring walks. The Park extends from ir-Ramla tal-Mixquqa (Golden Bay) to Il-Prajjiet (Anchor Bay), and is jointly managed by three non-governmental organizations – *Din l-Art Helwa*, the Gaia Foundation and Nature Trust.

The walks are led by a qualified and experienced guide, and begin at 10.00 hrs near the Golden Bay bus stop, ending at the same place at around 12.30 hrs. Places on the walk must be pre-booked and walks are subject to a minimum number of persons. Bookings can be made by email on [walks@majjistral.org](mailto:walks@majjistral.org). The terrain consists mostly of rocky paths beside the cliffs and dirt tracks, and suitable walking shoes are essential. For further information on the Park visit [www.majjistral.org](http://www.majjistral.org).

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